

EXTERNAL MEDICAL ORGANIZATIONS

MEMBER BENEFITS

Designed by
uOttawa Aesculapian Society

Starting medical school involves starting membership with a variety of organizations. While each of these organizations offer a unique variety of benefits, it's very easy to miss out simply due to the flood of information you receive when starting school! This guide simplifies the process of harnessing your membership benefits by providing a consolidated listing of benefits offered by medical organizations, including Scholarships, Awards, Grants, Bursaries, Resources, and Discounts. Please note that this guide is not exhaustive and further details can be found on the individual organization websites. Additionally, we did not include any programs or services offered by these organizations (e.g. the OMSA "Lobby Day") as they are numerous and would be most fruitfully understood through your independent exploration. Lastly, this guide does not include any benefits information offered by the Aesculapian Society, the Faculty of Medicine, or the University of Ottawa- details are reserved to external organizations only.

ORGANIZATIONS

	Physician Organizations	Student Organizations
Regional	<p>Academy of Medicine Ottawa (AMO) "The AMO engages and serves Ottawa physicians as a leading voice for a strong and vibrant medical profession in our community."</p>	
Provincial	<p>Ontario Medical Association (OMA) "The Ontario Medical Association is a membership organization that represents the political, clinical and economic interests of Ontario physicians."</p>	<p>Ontario Medical Student Association (OMSA) "OMSA includes every medical student in Ontario and brings together the essence of our medical school experience with our diverse student population. The organization represents the views and concerns of Ontario medical students on a number of issues. OMSA is also the dedicated student voice to the Ontario Medical Association (OMA)."</p>
National	<p>Canadian Medical Association (CMA) ✱ "The CMA is a national, voluntary association of physicians that advocates on behalf of its members and the public for access to high-quality health care."</p>	<p>Canadian Federation of Medical Students (CFMS) "CFMS is an organization representing over 8,000 medical students from 14 Canadian medical student societies from coast to coast. We represent medical students to the public, to the federal government, and to national and international medical organizations."</p>

★ CMA owns two companies, including

MD Financial Management. "MD Financial Management serves CMA members and their families. Our expert Advisors offer objective advice, financial planning and solutions tailored to your specific needs as a physician."

Joule. "Joule, the CMA's newest company, is dedicated to making it easier for CMA members to be at their best. Whether you are searching for the best evidence to support your clinical decision-making, seeking accredited courses to develop your skills as a physician leader or looking to apply for a grant to advance your healthcare innovation, Joule provides products and services that are focused on your continued success."

MEMBERSHIP DETAILS

AMO Membership is free for trainees. Please visit [this page](#) to register.

OMA Membership is \$10/year for medical students. You can bundle this fee with the CMA membership fee to cost a total of \$22/year. Please visit [this page](#) to register.

CMA Membership is \$12/year for medical students. You must be a member of the OMA to join the CMA. Please visit [this page](#) to register.

OMSA Membership is free. You will automatically become a member of OMSA once you sign up for OMA membership.

CFMS Membership is free. You are automatically registered as an OMSA member when you start medical school.

Joule Free with a CMA membership.

MD Free with a CMA membership.

GRANTS & BURSARIES

OMA **Ontario Medical Student Bursary Fund**
Bursaries of \$2,000 and \$3,000 available to Ontario medical students in financial need. [Click here](#) for details.

Final Year Medical Student Bursary
\$750/month for all medical students during their final 12 months of clerkship. [Click here](#) for details.

OMSA **OMSA Conference Grant**
Up to \$750 to fund students presenting at approved medical conferences. [Click here](#) for details.

Medical Student Education Research Grant

\$5000 to support students conducting research projects in medical education. [Click here](#) for details.

OMSA Innovator Grant.

\$1500 to support creative new student initiatives. [Click here](#) for details.

Joule

Joule Innovation Grants

Funding for innovative programs and initiatives, up to \$50,000 in awards. [Click here](#) for details.

SCHOLARSHIPS AND AWARDS

MD

MD Leadership Award

\$2000 cash prize and subsidized travel to the CFMS Spring General Meeting. [Click here](#) for details.

MD Travel Award

Financial assistance for students to attend a CFMS General Meeting.

RESOURCES

AMO

DocToc

Newsletter for AMO members.

CMA

CMAJ

Canada's clinical research journal.

CFMS

Residency Matchbook

Published annual review of the CaRMS match to help educate medical students about the Match and assist with career planning. [Click here](#) for details.

CFMS Annual Review

Publication which includes summaries of executive members' projects as well as contributions of stories, poetry, art, and photography from CFMS membership. [Click here](#) for details.

Visiting Electives Status Board.

A reference page on how to apply for visiting electives, and whether they are under moratorium or not.

Couple Match Ranking App

An app that helps you come up with a CaRMS rank order list when you apply using the CaRMS Couples Match option.

Student Run Toolkit.

A guide to help students across Canada develop and sustain interprofessional student-led health initiatives which foster authentic training experiences with underserved and disadvantaged communities. [Click here](#) for details.

Residency Profiles

Insights provided by residents in each speciality, at many locations across Canada.

Joule

ClinicalKey

Online clinical tool that searches a variety of textbooks, journals, medical and surgical videos, and patient handouts.

CPS RxTx

Quick access to product monographs of drugs, vaccines, and natural health products.

DynaMed Plus

DynaMed is a current, evidence-based, point-of-care reference tool designed to provide quick answers to clinical questions.

OMA

Scrub-In & Ontario Medical Review

Ontario medical student and physician journals, respectively.

OMSA

Clerkship Kits

All your clerkship essentials (e.g. mini toothbrush, ear plugs, toothpaste), provided for new clerks.

Health & Human Resources Guide

Outline of the job market for future physicians in Ontario, divided up by specialty.

DISCOUNTS

AMO

Member Discounts

Discounts on a number of items and services, including automotive, storage, office supplies, cleaning, business solutions, and Ottawa Senators tickets. [Click here](#) for details.

CMA

Members Discounts Program

Discounts on a number of items and services including cellular, fitness, travel and more. [Click here](#) for details.

OMA

Insurance

With the OMA Student Special Offer, life coverage is complimentary and your disability premium is discounted until your second year of practice. Also take advantage of preferred rates on Home/Tenant and Auto Insurance. [Click here](#) for details.

OMA Advantages Program

Discounts on a number of items and services including apparel, automotive, communications, entertainment, financial services, moving & relocation, offices services, and travel & leisure. [Click here](#) for details.

CFMS

Member Discounts

Discounts on a number of items and services, including [travel & accommodations](#), [disability insurance](#), [textbooks](#) (e.g. Toronto Notes), [UpToDate](#)[®], and [Lasik MD](#) Vision correction.